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ISSUE: 12

DATE October 2022

*Enabling people to reach their full potential*

As the summer months ended and autumn breezed in, we were still very busy here at Stepscic. The change in the seasons had inspired our floristry group to create beautiful autumn wreaths. Decorated using the colours of the season, these wreaths are a perfect addition to any room and look fantastic.



Experimentation with colour and texture had been the focus of our art group recently and has resulted in these mixed media self-portraits. Individually created then put together collaboratively to produce a fantastic eye-catching piece.





Our on-site sessions supported towards our preparation for our annual Halloween spooktacular event. Our Baking and cake decorating groups made creepy cakes and cupcakes, our art sessions created alarming art, frightening flowers from the floristry and petrifying pumpkins have all been created, showcasing the developing skills of the attendees they look absolutely fantastic.



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We enjoyed a fang-tastic Halloween party day, with creepy costumes, terrifying decorations, a spookalicious buffet and devilish party games and dances. A huge congratulations to Gareth, Abigail, Mark and Gemma for being the best dressed. Everyone looked spooktacular. STEPScic hopes everyone had a happy Halloween



Donations of external timber for our attendees to repurpose are always welcome, therefore we would like to take this opportunity to thank [Rospal Fencing, Gates & Sheds](#) for their recent kind donation of offcuts and unwanted timber. Over the years Rospal have been a great supporter of STEPSic providing sponsorship and wood donations. Their ongoing support has been greatly appreciated as this wood enables the attendees who work in the wood shop to develop their knowledge and skills by producing a wide range of timber products.



**Rospal Fencing, Gates & Sheds**



The benefits of upcycling to the environment are widely recognized. Attendees working in our Wood Shop have been busy upcycling chairs which are now being used in Ashland Coffee House. A great way to preserve natural resources and they look fantastic.



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Earlier this year we received a donation of money raised by Royce Banks who completed a slam ball challenge in memory of Steven Summers. The money raised has provided equipment for gardening including a mower, strimmer, hedge cutter, protective equipment and Hi Vis Vests. It has also provided salon equipment including training heads, hairdryers, curlers and accessories. In the kitchen the money raised has provided a new microwave and air fryer whilst in the wood workshop everyone will be kitted out with new workwear. We would once again like to thank Royce Banks and David Crompton as their donation has had a direct impact on those who we support.





We have been busy over the last few months learning the sequence and skill of washing and ironing to ensure that once worn, our recently acquired workwear has a fresher and better look. Well done to everyone involved, a fantastic effort. The skills learned also promote independent living skills to all attendees involved in the activity.



It was heating up in the kitchen for one of our Bake-Off sessions. Using home grown baking apples attendees peeled, chopped, and cooked, before adding crumble to produce these delicious apple crumbles. It was the excellent crumble topping that tipped the scales in the favour of today's champions with Andrew and Tom tying for first place.



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The beach was an exciting place for our photography group, enabling our photographers to focus on simple compositions to capture some atmospheric shots. Artist Anthony Gormley's 'Another Place' installation a permanent feature of Crosby Beach made a good focal point during this recent visit. We thoroughly enjoyed using our camera to look at beauty in our environment.





Closer to home, our art group have used mod roc to create these fantastic 3D pieces before painting them and adding them as a feature in our garden. Art, alongside our plants and features are adding lots of interest and colour to our outside space whilst also providing purpose for our art. A huge congratulations to all our artists.



## Congratulations and thankyou

On 11th September 2022 our colleague Andy ran the Great North Run. A keen runner, Andy thoroughly enjoyed the experience and raised funds for STEPSic in the process. We would like to take this opportunity to say a massive thank you to Andy and congratulate him on his fantastic achievement. All funds raised will have a direct impact on those who attend STEPSic.

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As Christmas approaches, please find our opening day/times. We are open as normal except for the Christmas/New Year Bank Holidays. **Please note** – Council Transport may not run over the festive period. Please check with them directly

Week Comm	Mon	Tue	Wed	Thu	Fri
19 <sup>th</sup> Dec 2022	Normal	Normal	Normal	Normal	Normal
26 <sup>th</sup> Dec 2022	Closed B/H	Closed B/H	Normal	Normal	Normal
2 <sup>nd</sup> Jan 2023	Closed B/H	Normal	Normal	Normal	Normal

### **Attendees Christmas Lunch**

We will serve our Christmas lunches from W/C Monday 12<sup>th</sup> December through to Friday 16<sup>th</sup> December, this will give each of our attendees the opportunity to enjoy the lunch. This will consist of three courses, Soup, Turkey dinner and all trimmings, Mince pies and drink. They are welcome to have it on more than one day if they wish. Attendees with dietary requirements will be catered for.

### **Members Christmas Party**

This will be held on **Sunday 11<sup>th</sup> December**, at **St Williams CYMS Club**. Patricroft Road Ince WN2 2DF. Time 18:45 – 22:15.

Music provided by the very popular Michaela.

Attendees can be left to party the night away, any attendee who has Personal Assistants will need to be supported during the evening as per normal support. Attendees can then be picked up or transport arranged for 22:15.

Chippy Supper of Fish and Chips or Sausage and Chips will be provided for all attendees.

**Family members are welcome** to party with us, please confirm attendance and if you would also like the chippy supper. Additional invite has been sent.

Although a little early, we would like to wish all our members and their families a happy and prosperous New Year. We hope to see you at the party.



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STEPScic was established in 2011 and was the first of its kind to be set up in the borough of Wigan. We provide opportunities for both male and female adults with a learning disability.



Our site in wigan is located at Ashland House and has good transport links. Ashland house is a spacious place with large kitchen, dining room, social room with pool table, table tennis, fully equipped art room, on sight salon, TV room with games area and outdoor garden spaces and polytunnel.

We have a fully equipped Wood workshop located at Ashland House, providing a work environment with all the facilities and equipment required to enable individuals to access a real life work experience.

*We would love to hear from you  
If you would like to know more about STEPScic please visit [www.stepscic.co.uk](http://www.stepscic.co.uk)*



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## What we offer

*Art & Design, Photography, Woodwork & Construction,  
Hair & Beauty, Car Wash & Valeting, Gardening,  
Independent Living Skills, Food & Nutrition, Sports and Leisure,  
Fishing, Textiles.*

### Our Ethos

We are a vibrant, professional and forward thinking service, where the achievement and personal development of each individual is recognised and celebrated. We believe that all of our attendees deserve the very best opportunities that enable them to reach their full potential.



**Contact us on:** 01942 247891 or  
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**We are open Monday – Friday - 9:00am till 4:00pm**

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