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Enabling people to reach their full potential

Well, here we are again, another great summer over, and with autumn now breezing in, it seems time flies when we are having fun. We have so much to look back on, and so much to look forward to.

For **Stepscic** it has been a pleasure to sponsor [Robin Park Warriors U16s](#) Football Team. A fantastic group of lads who are well-led by their coach and team management. We would like to take this opportunity to wish them every success for the new season.



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The weather may have been unpredictable over the last month, but rain did not stop play, as our sports sessions take place in the huge indoor sports dome at [Ince Rose Bridge Sports and Community Club](#). Cricket and football are always popular choices; however, our structured sessions also include developmental activities as well as warm-up exercises and cool down stretches. A thoroughly enjoyable way to socialize, be more active and feel good.



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Following on from our sport and leisure provision we have been visited by David from [Boxing For Better](#) who provided us with a four week course of boxing sessions. For many this has been a new experience which, as the pictures show, has packed a punch and proven to be a big hit!



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In late May, we held our annual sports day, what an active and enjoyable morning we had. Sportsmanship and achievement was recognised as we competed in a range of traditional events. A huge congratulations to all the winners as well as to all those who took part.



As the weather warmed up in June, the water guns came out! Everyone enjoyed the fun way to cool down. Thankyou to our green fingered gardening group for maintaining our garden and outdoor areas, we have a fantastic space to work, relax and play and spot the local wildlife.



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On behalf of Think Ahead Stroke, the gardening group also maintain the grounds around the buildings. They have been busy mowing, weeding, clearing debris and creating and maintaining flower beds to ensure the grounds are looking good for all those who visit the various companies that are housed here. Well done to all involved, you are doing a fantastic job.



Our green fingered gardening groups had also worked their magic in and around our gardens, including the polytunnel, the raised beds and making and tending to the hanging baskets, they all looked blooming lovely. **From seed to table**, our gardening group had also been busy tending the crops and then harvesting them, they had grown a delicious range of vegetables that we used in our kitchen to prepare healthy well-balanced lunches. Well done to all involved, a fantastic achievement.



Calling all fashionistas, our textiles group have been busy creating a fabulous frock. Woven from strips of fabric our attendees have worked in developing their own skills before connecting together their individual weaves to create a successful collaborative piece. Huge congratulations to all involved.



In our Art sessions, our budding artists have been creating art that is good enough to eat! These paper mâché ice creams inspired by the work of Claes Oldenburg are the latest creations, well done to all.



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As we are now breezing into Autumn, our floristry group have been inspired to create these stunning displays. Arranged on a natural wood base and with the autumn colour scheme in mind, they have proven to be a wonderful way to brighten up our rooms.



Don't forget a warm welcome awaits you at Ashland Coffee House. Managed by STEPSic on behalf of Think Ahead this exciting opportunity enables our attendees to gain valuable work experience within the community whilst developing a wide range of transferable skills. A fantastic and affordable option if you are looking for a coffee and a cake.



LATEST NEWS



We would like to congratulate Jack on commencing his voluntary work placement at [Action Station NW CIC](#). The last few years has seen Jack placed on our work flightpath as his primary goal was to gain employment. He has gained transferable skills from our in-house work experience and has also been successful in achieving nationally recognised qualifications delivered by STEPScic that supports his goal. This voluntary placement, sourced by our Base Manager Jackie, has seen Jack progress into the community to develop his skills and knowledge. This is Jack's next step on the road to employment and we wish him every success. We would also like to thank Action Station NW CIC based in Ince for the opportunity.



Sunday 2nd July, saw golfers from local club 'Ince Golf Society', compete to win the STEPScic golf trophy. This annual event, sponsored by STEPScic is now in its 5th year and always proves very popular. The competition took place [Marsden Park Golf Club](#), Nelson, Lancashire, a picturesque location where golfers were warmly received. A huge thank you to all those who took part and congratulations to this year's winner Stu Harris, it was a thoroughly enjoyable day and a pleasure to sponsor the event.

